



North Central London
Health and Care
Integrated Care System

Carers Support

Do you care for a partner, a family member or friend?

Most of us care for somebody at some point in our lives without even thinking about it.

If you care for someone with an illness, disability, frailty through age, or substance abuse - **then you are a carer.**

Did you know that you are entitled to support in your caring role?

Get support from your local carers organisation today.

scan the QR code or use the link below:



nclcarersupport.org

You are not alone.



support delivered by your local carers organisation





North Central London
Health and Care
Integrated Care System

Do you care for a partner, a family member or friend?

The carers organisations across **Barnet, Camden, Enfield, Islington and Haringey** have come together to ensure that you are connected to support quickly and easily.

7 in 10 people become carers when looking after someone in hospital or accessing healthcare. Get connected to your local carers organisation today to ensure that you are supported from the **start of your caring role.**

Find out more about the support available to you by scanning the QR or visiting the URL.



scan the QR
code or use
the link
below:



nclcarersupport.org

You are not alone.



hello@nclcarersupport.org



07821 643843